



**IMPLEMENTATION OF A MEDICINAL GARDEN AS A HEALTH PROMOTION
INSTRUMENT IN A SOUTH CITY OF SANTA CATARINA.**

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INTRODUCTION

The use of medicinal plants to cure diseases and illnesses has been a common practice since ancient times, which in addition to popular credibility has gained recognition from the scientific community. According to the National Policy for Integrative and Complementary Practices (PICS) of the Ministry of Health, about 80% of Brazilians use plants as a medicine in the form of tea, inhalation, maceration, poultice, plaster, compress, inhalation, licking, wine, bath, powder and juice. This paper aims to present the implementation of the medicinal plant garden in the community of São Judas Tadeu, Dehon district, Tubarão City / SC.

MATERIAL AND METHODS

This work is part of one of the axes of UNISUL extension project in environmental education. After submission and approval by the Research, Teaching, Research and Extension Management and Ethics Committee under opinion number 2.265.136, a survey of medicinal plants used by the community was conducted. A previously idle Church space was used, fertilizers were acquired and plant donations were requested from users who responded promptly to the team's call. Biweekly workshops were held involving the community and academics from the biological sciences, pharmacy, nutrition, agronomy and gastronomy courses.

RESULTS

residents of the neighborhood, with which were obtained seedlings of plants that were used in the implementation of a garden. Lectures were given about the proper cultivation and medicinal properties of plants and for the discussion of the data obtained in the interviews. This study aroused the interest of students and the community about the subject, contributing to the recovery of knowledge associated with the use of these plants and their correct use. The integration between University, School and Community provided by this Extension work proved to be of fundamental importance for the dissemination of knowledge and appreciation of Teaching and Research.

CONCLUSIONS

The garden of medicinal plants of the community of São Judas Tadeu Church is expected to be a strategy for strengthening the PICS in the city of Tubarão / SC and will effectively link and exchange knowledge of the team with the community, favoring the well-being of the community. people's being.

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